

LE TOUR DE WALTHAM FOREST 2021 FREQUENTLY ASKED QUESTIONS

HOW DO I REGISTER?

Please register on Eventbrite ahead of the event here: <https://enjoywalthamforest.eventbrite.co.uk>

CAN I REGISTER ON THE DAY?

At present we will not be accepting any registrations on the day of the event.

IS THERE AN ENTRY FEE?

No, Le Tour de Waltham Forest is free to participate in.

WHAT TIME DO I NEED TO ARRIVE AND HOW LONG WILL IT TAKE ME?

Route	Length	Description	Estimated duration
Lea Loop	9km	Off road, flat route predominantly on canal towpaths and segregated cycle tracks. There will be small sections on quiet residential roads.	45 minutes – 1 hour
Highams Hop	12.5km	Off road, flat route predominantly on canal towpaths and segregated cycle tracks. There will be a small section on quiet residential roads.	1 hour – 1.5 hours
Royal Route	20km	Off road, flat route predominantly on canal towpaths and segregated cycle tracks. There will be small sections on quiet residential roads.	1 hour – 2 hours

WHAT ARE THE ROUTES?

A map of the routes will be available via the Eventbrite webpage at least one month prior to the event.

ARE THE ROUTES SUITABLE FOR MY BIKE?

All routes go via the Lee Valley canal towpath and therefore are not suitable for road bikes. The routes are cargo bike friendly and you will not be required to carry your bike over any bridges.

WILL ROADS BE CLOSED?

The majority of all routes are on segregated cycle tracks or off road. There are small parts of each route which are on quiet residential roads and these will remain open to other traffic throughout the event.

CAN I HIRE A BIKE FOR THE EVENT?

If you would like to hire a bike for the event through the Council's free Community Cycle Loan Scheme, please email cyclehire@walthamforest.gov.uk. There are only a limited number of bikes available which will be allocated on a first come first served basis.

IS THERE A MINIMUM AGE TO TAKE PART?

There is no minimum age to take part however all children under the age of 14 must be accompanied by a parent or guardian.

HOW DO I GET THERE? IS CAR PARKING AVAILABLE?

Lloyd Park is located in the centre of Walthamstow and is five minutes by cycle from Walthamstow Central Station. Cycles can be taken on the London Overground at any time over the weekend.

If you need to drive to the event, car parking is available in Bedford Road Car Park next to Lloyd Park.

WHEN SHOULD I ARRIVE?

Please arrive 15 minutes prior to your ride start time.

HOW MANY PEOPLE WILL BE THERE?

Each ride will be limited to a capacity of 30 people.

DO I HAVE TO WEAR A HELMET?

It is recommended that you wear a helmet for the event but this is not mandatory. Waltham Forest Council will not be responsible for any injuries that result from not wearing a helmet.

WILL THERE BE FOOD AND DRINK AVAILABLE ON SITE?

Food and drink will be available in Lloyd Park and in Fellowship Square.

WILL THERE BE TOILET FACILITIES?

Toilet facilities will be available in Lloyd Park and in Fellowship Square.

CAN I FUNDRAISE FOR CHARITY?

Yes you can – please choose your own charity and set up a JustGiving page or similar to fundraise yourself.

WILL THERE BE FIRST AID?

Yes, first aid will be available in Lloyd Park and first responders will be present on all routes.

WILL I GET A GOODIE BAG/MEDAL?

All participants who pre-register for Le Tour de Waltham Forest on Eventbrite will receive a medal and a bag of cycling goodies on completion of your ride.

WILL THE EVENT TAKE PLACE EVEN IF IT RAINS?

The rides will not be cancelled if it rains however in the event of severe weather a decision will be made on the day as to whether it is safe to carry on. Every effort will be made to inform registered participants however please follow the Council's Facebook and Twitter for updates.