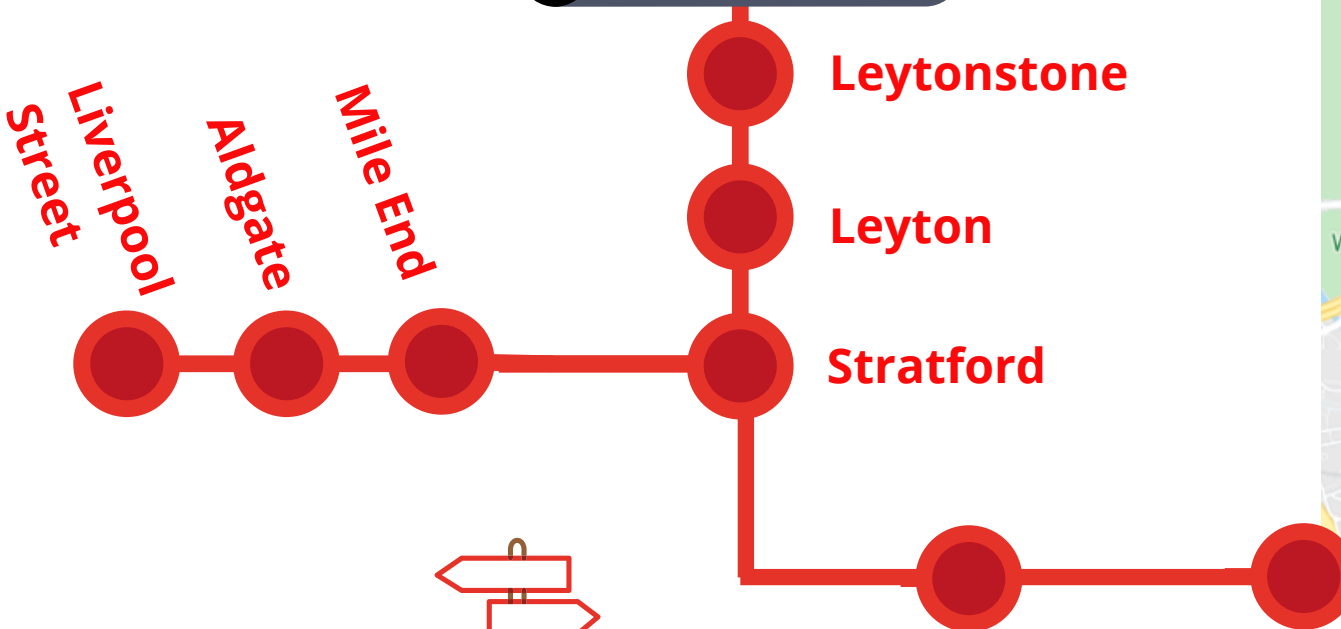


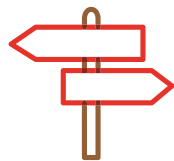
Cycle The Lines



CENTRAL LINE



'The City':



CS2 starts in Stratford and ends close to Aldgate station. Here you can turn left onto St Botolph Street for Liverpool Street station or continue along to Fenchurch Street to reach Bank. The cycle to Liverpool Street will take around 45 minutes.



Canary Wharf:

Follow CS2 until Mile End station. Turn left onto Burdett Road – for a quieter route try cycling through Mile End Park. To avoid the busy West India Dock Road, join the Limehouse Cut after the Lidl and follow the canal and Thames pathway until Westferry Circus. This cycle will take around 40 minutes.

Docklands:

Follow CS2 until Cam Road heading to Plaistow and the Royal Docks. Cycle along Cam Road to join the shared surface before the left bend. At the end of this track you reach Q22 at Abbey Mills pumping station. Q22 then follows the Greenway through Plaistow and East Ham. For ExCeL come off the Greenway at Barking Road and turn left on to Cumberland Road. This cycle will take around 40 minutes

Cycle The Lines



CENTRAL LINE

***Instructor led commuter rides to replace the
Central Line in Waltham Forest.***

FRIDAY 26 JUNE

START: LEYTONSTONE	8:30AM/09:15AM
LEYTON	8:45AM/09:30AM
STRATFORD	9:00AM/09:45AM

To book onto one of these rides please follow this link:
<https://www.cycleconfident.com/sponsors/waltham-forest/>

Please note this is a led ride, not a learn to ride! Please book on as a confident cyclist, bringing your own bike.

4 Kilometres!

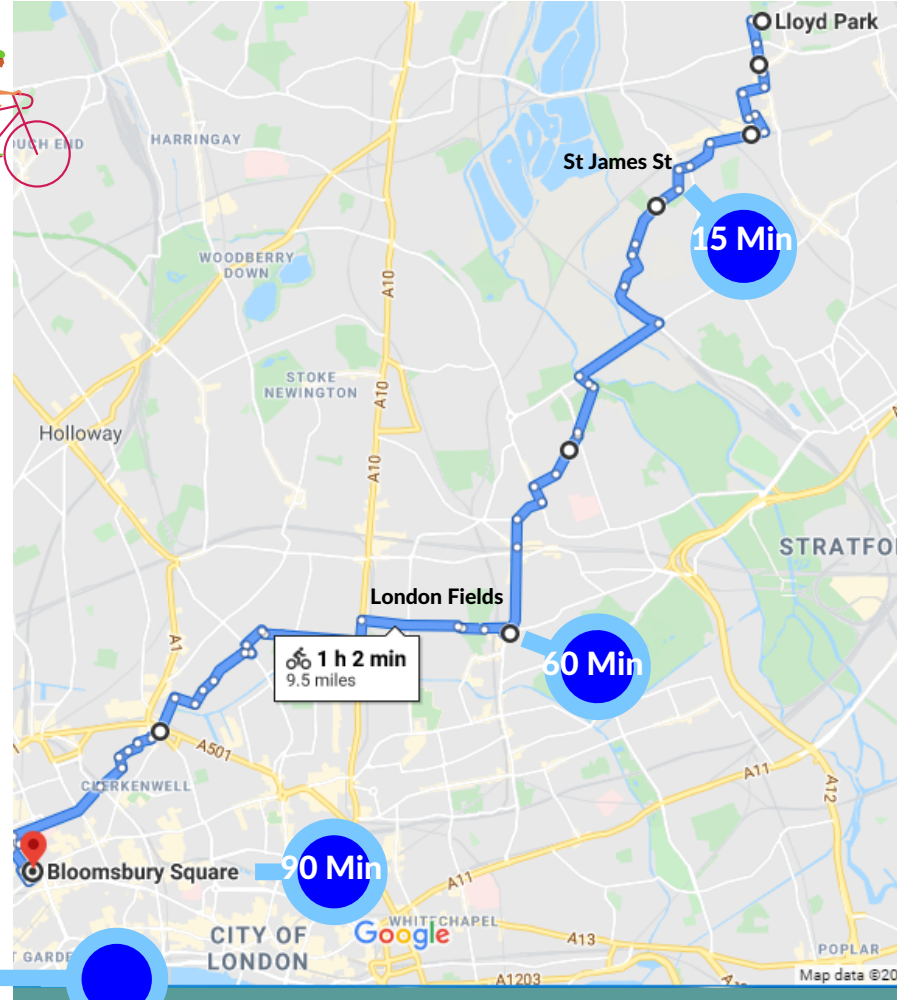
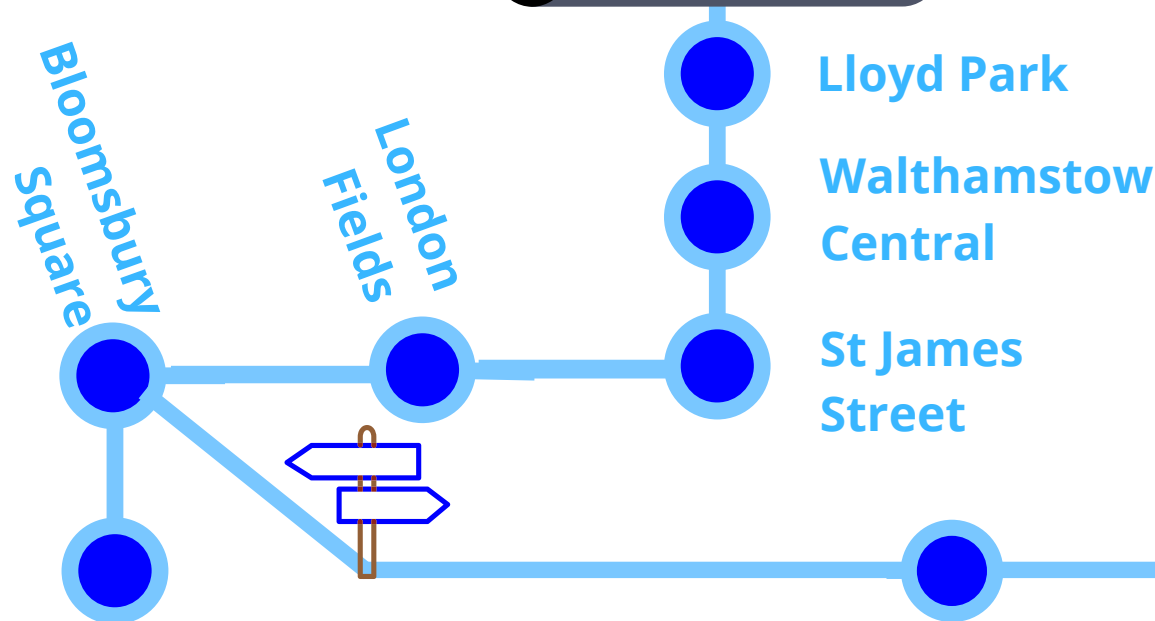
Please remember
we will be socially
distancing!



Cycle The Lines



VICTORIA LINE



Warren Street:

From Bloomsbury Square follow Great Russel Street Westbound. Turn left onto Montague Street, then left again onto Montague Place. Continue Westbound and right turn onto Tottenham Court Road. Warren street is dead ahead. This cycle is 12 minutes.

Oxford Circus:

From Bloomsbury Square follow Great Russel Street Westbound. Turn left onto Coptic Street and then right onto Bainbridge Street until you reach Tottenham Court Road Tube Station. From here head straight along Oxford Street. This cycle is only 10 minutes!

Whitehall:

From Bloomsbury Square head south down Southampton Place, Newton Street, turn right onto Long Acre, left onto Bow Street. Cross Strand onto Savoy Street to get to the Thames. Head West along Victoria Embankment before turning right onto Horse Gaurd Avenue. This cycle takes 15 minutes.

Cycle The Lines



VICTORIA LINE

***An instructor led commuter ride to replace
the Victoria Line in Waltham Forest.***

WEDNESDAY 24 JUNE

START: LLOYD PARK	7:45AM
WALTHAMSTOW CENTRAL	7:50AM
ST JAMES STREET	8:00M
BLOOMSBURY SQUARE	9:15AM

To book onto this ride please follow this link:

<https://www.cycleconfident.com/sponsors/waltham-forest/>

Please note this is a led ride, not a learn to ride! Please book on as a confident cyclist, bringing your own bike.

15 Kilometres!

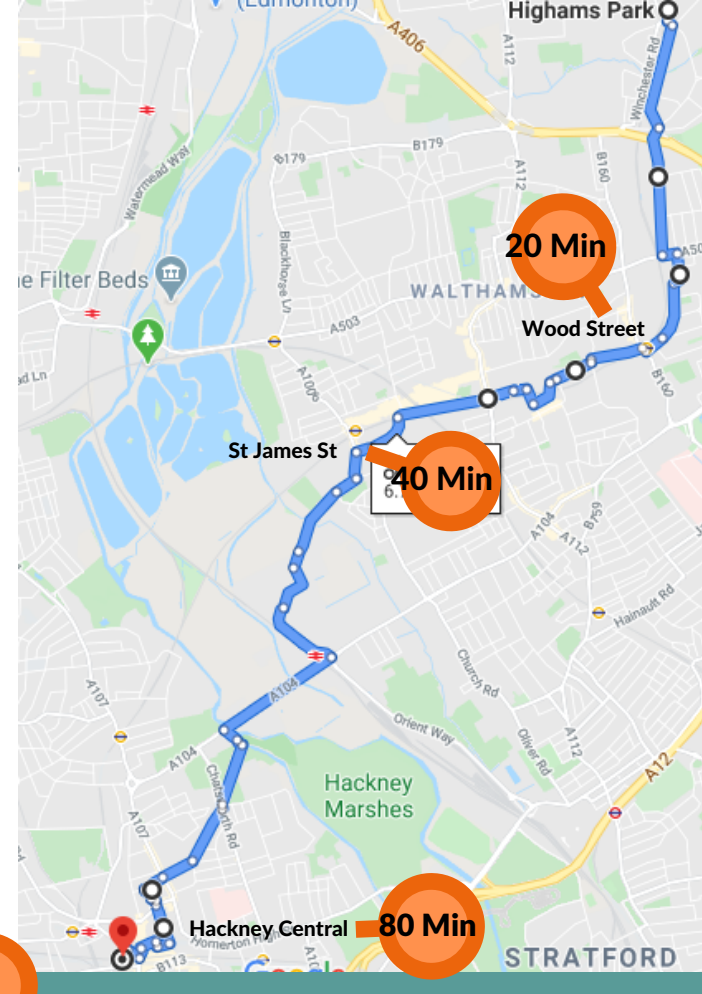
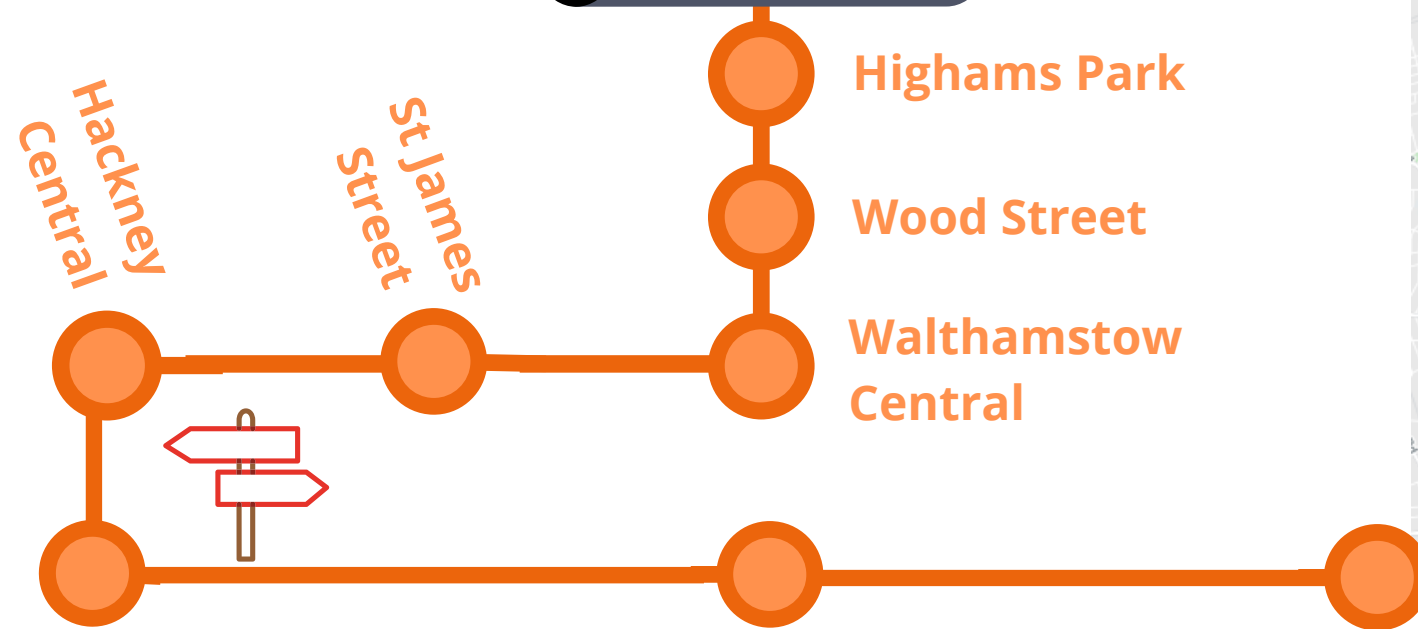
Please remember
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Cycle The Lines



OVERGROUND



Shoreditch:

From Hackney Central head to London Fields. Continue South using Q2 down Broadway Market and Goldsmiths Row. Cross Hackney Road onto Columbia Road. Turn left onto Virginia Road towards Arnold Circus. Head down Camlet Street and arrive at Shoreditch High Street. This is a 20 minute cycle.



Liverpool Street:

From Shoreditch High Street head South on Wheler Street. Cross Commercial Street onto Elder Street. Cross Bishopsgate from Spital Square, bearing down onto the rear of Liverpool Street Station. This is a 5 minute cycle.

London Bridge:

From Liverpool Street head South on Bishopsgate and Gracechurch Street, passing Monument Station onto King William Street until London Bridge. This is a 15 minute cycle.

Cycle The Lines



OVERGROUND

***An instructor led commuter ride to replace
the Overground in Waltham Forest***

THURSDAY 25 JUNE, 2020

START: HIGHAMS PARK	8:00AM
WOOD STREET	8:15AM
WALTHAMSTOW CENTRAL	8:30AM
ST JAMES STREET	8:40 AM
HACKNEY CENTRAL	9:20AM

10.3 Kilometres

Please remember
we will be socially
distancing!

To book onto this ride please follow this link:

<https://www.cycleconfident.com/sponsors/waltham-forest/>

Please note this is a led ride, not a learn to ride! Please book on as a confident cyclist, bringing your own bike.

